

## RAF Mildenhall Youth Sports Program

Start Smart *Basketball*

**Soccer** *Baseball*

*Flag Football*

- Registration will begin approximately 4 weeks prior to the beginning of the season.
- Late registrations will incur a \$5 late fee and are subject to the approval of the Sports Director.
- \*Refunds will only be given for the following reasons: Emergency PCS, Emergency Leave, and Illness with a medical certificate and real world issues.

### Start Smart 2018/2019

#### Start Smart 2018 Cost: \$30

- Ages 3-5 years (parents must be present). Friday's at 5-5:45 pm. Session lasts 45 min.

Sport:	Registration:	Season:
Basketball	3 Dec 18 – 4 Jan 19	4 Jan- 8 Feb 19
Soccer	11 Feb – 8 Mar 19	8 Mar- 19 Apr 19
Baseball	15 Apr – 10 May 19	10 May- 14 Jun 19

Sports Camps for the summer stop by the Youth Center to see what is available from Jun-Aug 19

Football	22 Jul – 23 Aug 19	23 Aug- 27 Sep 19
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## Sports Season Calendar

\$40 members  
\$50 non-members

### *Basketball 2018 / 2019*

Registration: 9 Oct–2 Nov 18  
Coaches Training: 6 Nov 18  
Skill Assessments: 20/21 Nov 18  
Parents Meeting: 30 Nov @ 6PM  
Season: 3 Dec 18 - 23 Feb 19

### *Outdoor Soccer 2019*

Registration: 28 Jan- 22Feb 19  
Coaches Training: 26 Feb 19  
Skills Assessments: 28 Feb-1 Mar 19  
Parents Meeting: 8 Mar @ 6PM  
Season: 11 Mar–24 May 19

### *Baseball / Volleyball 2019*

Registration: 15 Apr–10 May 19  
Baseball/Volleyball Coaches Trn: 21 May@6pm  
Baseball Skills Assessments: 28 May 19  
Volleyball Skills Assessments: 29 May 19  
Volleyball Parents Meeting: 6 Jun @ 6PM  
Baseball Parents Meeting: 7 Jun @ 6PM  
Season: 10 Jun - 16 Aug 19

### *Flag Football / Indoor Soccer 2019*

Registration: 22 Jul – 16 Aug 19  
Coaches Training: 20 Aug 19 @ 6pm  
Flag Football Skills Assessments: 22 Aug 19  
Indoor Soccer Skills Assessments: 23 Aug 19  
Football Parents Meeting: 29 Aug 19 @ 6PM  
Soccer Parents Meeting: 30 Aug 19 @ 6PM  
Season: 3 Sep – 8 Nov 19

## The Philosophy

“Athletes First, Winning Second”



At RAF Mildenhall, the Youth Sports Program develops programs that foster Children's ethical, social, physical, intellectual and psychological development all with the purpose of having fun and enjoyment, while at the same time nurturing each child's capacity to learn life-skills. The emphasis of youth sports is on skills development, cooperation, teamwork and maximum participation. The Air Force Youth Sports Program follows the National Standards for Youth Sports and develops programs that are consistent with the philosophy outlined in those standards.

## Program Philosophies

5-6 year olds:	Developmental Program
7-8 year olds:	Sport Instruction Program
9-10 year olds:	Organizational Program
11-12 year olds:	Skill Enhancement Program
13-18 year olds:	Complex Skill Development Game Strategy & Refinement

## Sport Physicals

IAW AFI 34-144, All participants are required to have an annual sports physical. Parents can obtain a physical by scheduling an appointment with RAF Lakenheath Pediatrics (28 days in advance) at (226-8010). After the physical has been completed, please return the physical form to the RAF Mildenhall Youth Center to be kept on file for a year. After the year is up, the forms are destroyed.

\*\*All programs and events are based on a first come, first served basis. Registration is not official until fees have been paid and permission forms fully completed. Program information, dates and times are subject to change. Please feel free to contact YP Sports Director for further information at 01638 540098.



## Player's Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my teammates participating in youth sports by following this:

### PLAYER'S CODE OF ETHICS PLEDGE

- \*I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship.
- \*I will attend every practice and game that I can and will notify my coach if I cannot.
- \*I will expect to receive a fair and equal amount of playing time.
- \*I will do my very best to listen and learn from my coaches.
- \*I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.
- \*I deserve to have fun during my sports experience and will alert parents of coaches when it stops being fun.
- \*I deserve to play in an environment that is free from drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports.
- \*I will encourage my parents to be involved in my team in some capacity because it is important to me.
- \*I will do my very best in school.
- \*I will remember that sports participation is an opportunity to learn and have fun.

### "ALL STAR"

### START SMART PROGRAM



A 6 week developmental program for children ages 3-5 years. The program helps parents work one-on-one with their children while teaching them the basics of sports (throwing, catching, kicking and batting) and prepare them for organized sports.

If interested, look out for the start of the next 6 week session available in 2018!

## Parent's Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this:

### PARENTS CODE OF ETHICS PLEDGE

- \*I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.
- \*I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- \*I will insist that my child play in a safe and healthy environment.
- \*I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- \*I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will refrain from their use of all youth sports events.
- \*I will remember that the game is for youth-not for adults.
- \*I will do my very best to make youth sports fun for my child.
- \*I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.
- \*I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.
- \*I will require my child's coach be trained in the responsibilities of being a youth sports coach and that the coach uphold the Coach's Code of Ethics.
- \*I will read the NYSCA National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

## RAF Mildenhall Youth Programs

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# RAF Mildenhall Youth Sports Program 2018



## Youth Programs Sports Coordinators

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